



Theresa F. Armstrong

August 29, 1935 - May 19, 2023

Graveside services for Theresa F. Armstrong, 87, of Milano are scheduled for 10am Monday, May 22, 2023, at Liberty Community Cemetery in Milano, Texas. Tomm Owens will officiate.

Theresa died peacefully at her home with family by her side on Thursday morning, May 19, 2023. She was born August 29, 1935, in Butler County, Alabama, to William and Opal Fussell, the third of five children. After graduating from Georgina High School, Theresa attended Troy University. She soon after met her lifelong love, BJ Armstrong, and they married in 1956. The couple moved to Texas in 1960 where they had their daughter, Cheryl Leigh, and went into the grocery business, launching the Foodland grocery store chain in the Central Texas area. The Armstrongs moved to Milam County in 1970, where they started a ranch and cattle enterprise. BJ passed away in 1997.

Theresa loved to play golf with her friends in Cameron, Rockdale, and later in Seguin where she had a home at the river. She was also a gardener, loved to can fresh vegetables from her garden, and she was an excellent cook. One of the many things she passed on to her family was the love of fishing – whether it was at her tank in Milano or at the river in Seguin, you could find her many times with her cane fishing pole, loving nature, and spending time with family.

Above all else, Theresa loved her family. She loved being “G” to her grandchildren and great-grandchildren. She was also fondly known as G to many of Scott and Leanne’s friends, as well as other family members.

Theresa was preceded in death by her husband, BJ Armstrong, in 1997, as well as two sisters, Cheryl and Lathia, and a brother, Wyatt.

She is survived by her daughter, Cheryl Leigh Owens and Dennis of Milano, Texas; grandson, Scott Owens and Lisa of Milano; granddaughter, Leanne Burrough and Cody of San Marcos; and sister, June Crowder of Mobile, Alabama.

Also five great-grandchildren: Tyler Frank, Mario Owens, Bailey Burrough, Jaxon Owens, and Blake Burrough.

Pallbearers are Scott Owens, Cody Burrough, Tyler Frank, Mario Owens, Jaxon Owens, Blake Burrough, and David Popham. Honorary pallbearers are Pud Owens and Miss Bailey Burrough.

In lieu of flowers, Theresa’s family requests donations to Milano Volunteer Fire Department or Milam Touch of Love.

Cemetery Details

Liberty Cemetery

5017 FM 3242
Cameron, TX 76520

Previous Events

Graveside Service

MAY **22**. 10:00 AM (CT)

Liberty Cemetery
5017 FM 3242
Cameron, TX 76520

Tribute Wall

BT

“ *Dear Leigh Owens and Family,*

We are so very sorry for your loss, you and your family all have our deepest condolences and will stay in our thoughts and prayers.

*Sincerely,
Bluebonnet Health (Hospice) Services Team*



Bluebonnet Health (Hospice) Services Tea - May 24, 2023 at 08:26 AM

KK

“ *Mrs. Armstrong was one of my mom's favorite golfing buddies. I will always remember her zest for life. Condolences to the family.*

Kyle Kruse - May 22, 2023 at 02:18 PM