



Sheila Yvonne Alford

May 30, 1966 - January 6, 2014

Sheila Yvonne Alford, age 47, passed from this life on January 6, 2014; Beloved wife of Robert Alford, adoring mother of Trey Alford of Rockdale, Crystal and “son-in-law” Jimmy Pratt of Cameron and Nickie Davenport of Butler County, Kentucky; darling grandmother of Kendal West of Cameron, Tye Forshee and Adeline Castile of Butler County, Kentucky; also survived by beloved brother, Timothy Lack and sister Loretta Stewart. Predeceased by her loving mother Laura Jane Foster, aka “Janie” and birth father, Samuel Lack. Survived and truly adored by the father that raised her, Archie Foster, aka “Sunny”. Sheila dearly loved life and people. She worked in factories and the food industry. She had a talent many knew about, when it came to cooking there was not a lot she couldn't perfect. In life its self-there wasn't much she couldn't concur. Sheila was a very strong and out spoken lady! and those of us left behind will always remember her courage and strength. Though she will be deeply missed, we are relieved to know where she is now. She is in better health and even more in a much better place. Rest in Peace Mom! Memorial services for Sheila were held privately for her family.